



## Participant's Application and Health History

Participant Name: \_\_\_\_\_ Date: \_\_\_\_\_

Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_ M / F

Parent/Legal Guardian Name and Address: \_\_\_\_\_  
\_\_\_\_\_

Best Contact Phone: \_\_\_\_\_ Alternative # \_\_\_\_\_

Email Address: \_\_\_\_\_

Employer/School: \_\_\_\_\_

How did you learn about the program? \_\_\_\_\_

### Liability Release

I / my child would like to participate in the Riding with HEART program. I acknowledge the risks and potential for risks of horseback riding and working around horses. However, I feel the possible benefits to me / my child are greater than the risk assumed. I hereby, intending to be legally bound, for myself, my heirs and assigns, executors, or administrators, waive and release forever all claims for damages against Riding with HEART, its Board of Directors, Affiliated Organizations, Employees, Instructors, Therapists, Aides, Volunteers, Equines and Operating Site for any and all injuries and/or losses I / my child may sustain while participating in Riding with HEART activities.

WARNING: UNDER NEW JERSEY LAW, AN EQUESTRIAN AREA OPERATOR IS NOT LIABLE FOR AN INJURY TO OR THE DEATH OF A PARTICIPANT IN EQUINE ANIMAL ACTIVITIES RESULTING FROM THE INHERENT RISKS OF EQUINE ANIMAL ACTIVITIES, PURSUANT TO P.L. 1997, C.287, C:5:15-1 ET ESQ.

Print Name: \_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

(Signature of parent/guardian if volunteer is under 18 years of age)

### Photo/Media Release/Website

I DO

I DO NOT

Consent to and authorize the use and reproduction by Riding with HEART of any and all photographs and any other audio/visual materials taken of me/my child for promotional material, educational activities and exhibitions or for any other use for the benefit of the program.



## Participant's Application and Health History

### Health/Medical History

Participant Name: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Please complete the following which addresses special needs and/or concerns to bring to our attention:

	YES	NO	COMMENTS
VISION			
HEARING			
SENSATION			
COMMUNICATION			
HEART			
BREATHING			
DIGESTION			
ELIMATION			
CIRCULATION			
EMOTIONAL			
BEHAVIORAL			
PAIN			
BONE/JOINT			
MUSCULAR			
THINKING/COGNITION			
NEUROLOGICAL			
ALLERGIES			
DOWN SYNDROME			
LEARNING DISABILITIES (Specify)			
OTHER			

**Describe abilities/difficulties in the following areas (include assistance required or equipment needed):**



## Participant's Application and Health History

**FUNCTIONAL** (i.e. Mobility skills such as transfers, walking, wheelchair use, driving/bus riding)

---

---

---

**SOCIAL** (i.e. Work/school including grade completed, leisure interests, relationships-family structure, support systems, companion animals, fears/concerns)

---

---

**GOALS** (i.e. Why are you applying for participation? What would you like to accomplish?)

---

---

---

### PARTICIPANT'S AUTHORIZATION FOR EMERGENCY MEDICAL TREATMENT

Participant Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Physician's Name: \_\_\_\_\_ Medical Facility: \_\_\_\_\_

Health Insurance Company: \_\_\_\_\_ Policy Number: \_\_\_\_\_

Allergies: (medications and other): \_\_\_\_\_

Medical Conditions / Diagnosis: \_\_\_\_\_

Current Medications: \_\_\_\_\_

---

### In the Event of an Emergency Contact:

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relation: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Relation: \_\_\_\_\_



## Participant's Application and Health History

In the event emergency medical aid/treatment is required due to illness or injury during the process of receiving services, or while being on the property of the Riding with HEART, I authorize RWH Program to:

1. Secure and retain medical treatment and transportation if needed.
2. Release pertinent records upon request to the authorized individual or agency involved in the medical emergency treatment.

### CONSENT PLAN

This authorization includes x-ray, surgery, hospitalization, medication, and any treatment procedure deemed "lifesaving" by the physician. This provision will only be invoked if the emergency contact(s) above is (are) unable to be reached.

Consent Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(Parent/legal guardian)

**OR**

### NON-CONSENT PLAN

I do not give my consent for emergency medical treatment/aid in the case of illness or injury while I/my child participate in Riding with HEART. In the event emergency treatment/aid is required, I wish the following procedure to be followed:

\_\_\_\_\_  
\_\_\_\_\_

Print Name \_\_\_\_\_

Non-Consent Signature: \_\_\_\_\_ Date \_\_\_\_\_  
(Parent/legal guardian)



## Participant's Application and Health History

### PARTICIPANT'S MEDICAL HISTORY AND PHYSICIAN'S STATEMENT

Dear Physician,

Your patient, \_\_\_\_\_ would like to participate in supervised equestrian activities at Riding with HEART.

In order to safely provide this **service of horseback riding and horse related activities**, our program requests that you complete/update this Medical History and Physician's Statement form.

Participant Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Height: \_\_\_\_\_ \*\*Weight: \_\_\_\_\_

Diagnosis: \_\_\_\_\_ Date of onset: \_\_\_\_\_

Past/Prospective Surgeries (dates): \_\_\_\_\_ Fractures (dates): \_\_\_\_\_

Medications: \_\_\_\_\_

Seizure Type: \_\_\_\_\_ Controlled: Y / N Date of Last Seizure: \_\_\_\_\_

Shunt Present: Y/ N Date of last revision: \_\_\_\_\_

Special Precautions/Needs: \_\_\_\_\_

Mobility: Independent Ambulation: Y/ N Assisted Ambulation Y/ N Wheelchair Y/ N

Braces/Assistive Devices: \_\_\_\_\_

**For those with Down Syndrome:** AtlantoDens Interval X-rays, date: \_\_\_\_\_ Result: +/-

Neurologic Symptoms of Atlantoaxial Instability: \_\_\_\_\_

Please note that the following conditions may suggest precautions and contraindications to therapeutic horseback riding. Therefore, when completing this form, please note whether these conditions are present and to what degree:

#### ORTHOPEDIC

Atlanto Axial Instability – include neurologic symptoms  
Coxarthrosis  
Cranial Deficits  
Heterotopic Ossification/Myositis Ossificans  
Joint subluxation/dislocation  
Osteoporosis  
Pathologic Fractures  
Spinal Fusion/fixation  
Spinal Instability Abnormalities

#### NEUROLOGIC

Medical Instability  
Migraines  
Hydrocephalus/Shunt  
Seizure/Respiratory Compromise  
Spina bifida/Chiari II Malformation/Tethered  
Cord/Hydromyelia  
Substance Abuse  
Thought Control Disorders

#### MEDICAL/PSYCHOLOGICAL

Allergies  
Animal Abuse  
Physical/Sexual/Emotional Abuse  
Blood Pressure Control  
Dangerous to self or others  
Down Syndrome  
Exacerbations of medical conditions  
Fire Setting  
Heart Conditions  
Hemophilia

#### OTHER

Weight Control Disorder  
Recent Surgeries  
Under the age of four  
Indwelling Catheters  
Medication Photosensitivity  
Poor Endurance  
Skin Breakdown



## Participant's Application and Health History

Please indicate current or past difficulties in the following systems/areas, including surgeries:

	Y	N	IF YES PLEASE SPECIFY
AUDITORY			
VISUAL			
TACTILE SENSATION			
SPEECH			
CARDIAC			
CIRCULATORY			
INTEGUMENTARY/SKIN			
IMMUNITY			
PULMONARY			
NEUROLOGIC			
MUSCULAR			
BALANCE			
ORTHOPEDIC			
ALLERGIES			
LEARNING DIASBILITY (please specify)			
COGNITIVE			
EMOTIONAL/PSYCHOLOGICAL			
PAIN			
OTHER			

To my knowledge, there is no reason why this person cannot participate in supervised equestrian activities. However, I understand that the therapeutic riding center will weigh the medical information above against the existing precautions and contraindications. I concur with a review of this person's abilities/limitations by a licensed/credentialed health professional (e.g., PT, PT, Speech, Psychologist, etc.) in the implementation of an effective equestrian program.

Name/Title: \_\_\_\_\_ Lic. /UPIN Number: \_\_\_\_\_ MD DO NP PA Other: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: (\_\_\_\_\_) \_\_\_\_\_